

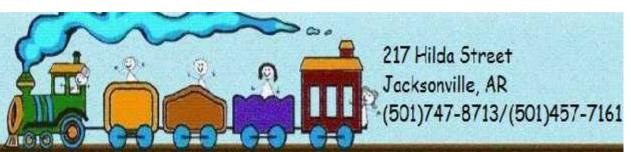
## Young infants Menu (Birth through 3 months, fed breast milk or formula by bottles on demand)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breast Milk or Formula				

Lunch	Breast Milk or Formula				

SnacksBreast Milk or FormulaBreast Milk or FormulaBreast Milk or FormulaBreast Milk or Formula	or Formula
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Ethel's Educational Express Child Development



## Younger Infants Menu (4 months through 7 months)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breast Milk or Formula				
	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal

Lunch	Breast Milk or Formula				
Lunch	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal
	Squash	Green Beans	Carrots	Sweet Potatoes	Peas

Snacks	Breast Milk or Formula				
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Ethel's Educational Express Child Development



## Older Infants Menu (8 months up to first birthday)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breast Milk or Formula				
	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal
	Apple Sauce	Peaches	Pears	Bananas	Apple Sauce

	Lunch	Breast Milk or Formula				
Lunch	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	Rice Cereal	Oatmeal Cereal	
		Squash	Green Beans	Carrots	Sweet Potatoes	Peas

Snacks	Breast Milk or Formula Soda Crackers	Breast Milk or Formula Graham Crackers	Breast Milk or Formula Cheese Crackers	Apple Juice Soda Crackers	Pear Juice Animal Crackers	
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